THE CENTER DANCE COMPANY
2008 FALL CLASS SCHEDULE

September 2, 2008 – February 1, 2009 • 20 Week Semester

2008 FALL CLASS CALENDAR

August 1 (Fri)	Registration for Fall Semester OPENS
August 31 & September 1 (Sun & Mon)	Studio closed for Labor Day. Monday classes available for makeup (except Creative Movement and Story time)
September 2 (Tue)	**FALL SEMESTER BEGINS!**
September 5-6 (Fri & Sat)	Auditions for Nutcracker
October 15 (Wed)	**2nd Installment Payment Due**
Nov 27-30 (Thurs – Sun)	Studio Closed for Thanksgiving. Classes available for makeup (except Creative Movement and Story time)
Dec 5, 6, 7 (Fri – Sun)	The Nutcracker at Thomas Jefferson Community Theatre
Dec 22 - Jan 4 (Mon-Sun)	Winter Break for youth classes; Adult classes (modified walk-in schedule TBA)
Dec - Jan	Registration open for Winter Spring Semester
Jan 15, 2009 (Thurs)	**3nd Installment Payment Due for JD to CD**
Feb 1, 2009 (Sun)	**Fall Semester Ends**
Feb 2, 2009 (Mon)	**Winter/Spring Semester Begins**
Mar 15, 2009 (Sun)	**Final Installment Payment Due for JD to CD**

THE CENTER DANCE COMPANY

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THE CENTER DANCE COMPANY

Our mission is to nurture and train dancers of all ages and offer superb community performances.

The School

For over 25 years, the School of The Center Dance Company (Arlington Center for Dance) has been one of Northern Virginia's premier dance education organizations. The Center offers over 130 classes and workshops to over 850 students per week. With a primary focus on ballet, classes are also offered in various styles of jazz, modern, tap, Pilates and stretch. We offer year-round programs designed for dancers at all levels, including an intensive pre-professional ballet curriculum. For adult students seeking a creative outlet and quality instruction, the Center provides a comfortable yet challenging environment, offering one of the most comprehensive adult class programs in the metropolitan Washington, DC area. From professional dancers to people seeking personal enrichment and exercise, we offer excellent training at all levels. Individual attention, detailed instruction and correction, and an emphasis on maintaining a healthy approach to the demanding dance disciplines are all hallmarks of our teaching philosophy.

The Company

The performing company was created to provide opportunities for accomplished dance professionals to choreograph and perform, to train young dancers for performance in a professional environment, and to raise public awareness of dance as an art form. We are a community-oriented dance company committed to presenting quality productions and choreography that people can understand, respect, enjoy and afford. The company is supported in part by the Arlington Commission for the Arts and the Cultural Affairs Division of the Department of Parks, Recreation and Cultural Resources, and performs at the Thomas Jefferson Community Theatre and Lubber Run Amphitheatre.

The Facility

The Center Dance Company and its school recently relocated to a state-of-the-art 20,800 square foot facility in the convenient Bailey's Crossroads area of Falls Church, Virginia. The new Center is easily accessible to students from Northern Virginia, Maryland and Washington DC. The spacious studios (ranging in size from 865 to 2,500 square feet) feature top of the line Harlequin sprung flooring, 16-foot ceilings and wide, uninterrupted space. We also provide separate changing rooms for adults and children, a large lounge and kitchen area for waiting parents, and plentiful parking. For students who are dropped off, there is clear access to the front entrance and the facility is very close to popular retail, grocery and restaurant establishments.

In addition, the Center provides the dance community with exceptional rehearsal, class and studio performance space by offering rental opportunities to local and national dance, arts and wellness organizations. In February 2009, we anticipate being able to fully utilize the 50' x 50' presentation studio for rehearsals and small performance events for our students and for visiting companies. We will also be hosting various workshops and events during the year. The Center Dance Company is thrilled to be able to present one of the finest dance facilities in the area to serve the community of dedicated dancers in the greater metropolitan region.

Special Acknowledgement. The renovation of our new home was made possible in part by financing from the Non Profit Finance Fund, Mrs. Barbara Anderson to whom we are extremely grateful, and the Philip Graham Fund who awarded us a generous grant used towards purchasing the specialty dance flooring. Together with the generosity of an anonymous donor, who matched numerous donations from our wonderful students and supporters, you made this new beginning a true reality. We also recognize John Duffy at Summit Commercial Realty for his personal and professional support.

The Board of Directors

The Center Dance Company is a 501(c) (3) not for profit organization governed by a volunteer board of directors. Our Board members include: Meg Tuccillo (President), Joanne Uyeda (Vice President), Ann Stretch (Secretary), Donna Wiedeman (Treasurer), Ken Alderfer, Jennifer Ahearn, Brian Gradle, Karen Lewis, and Craig Stephanson. We will continue to rely extensively on our friends and patrons for ongoing support, without which we would not be able to fulfill our mission of:

- Providing excellence in dance education in a state of the art facility
- Presenting quality dance productions
- Supporting talented choreographers and dancers
- Offering scholarships and financial aid
- Presenting enrichment programs to local schools
- Providing valuable dance and rehearsal space to the Washington, DC arts community.

YOUNG CHILDREN'S PREPARATORY DIVISION

Please see the dress code section on Page 15 for each level's appropriate attire.

***** Tuition Note: If you are taking 2 or more classes per week, tuition may be paid in two payments ($14 fee added).The first payment is due with registration and the second is due October 15, 2008.***

CREATIVE MOVEMENT & STORYTIME (Ages 3-4) Must be 3 by June 3. No make ups for this level.

These classes are designed to introduce very young boys and girls to the concept of dance and movement as a form of self-expression. Students are introduced to a group class setting, promoting healthy socialization with other children. The story theme along with music and simple ballet movement encourages the development of each child's imagination, gross motor skills and musical awareness. (Students must be toilet trained. Parent/caregiver must remain on premise during class.)

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 3	Class No.
M	10:30-11:15A	$323	2 payments of $168.50 each	CrMv & Stry - M #1
Sa	8:45-9:30A	$323	2 payments of $168.50 each	CrMve & Stry Sa #5

CREATIVE MOVEMENT (Ages 4 – 5)

This class continues the introduction of dance and movement as a form of self-expression. Additional rhythmic steps and basic ballet positions are introduced using imagery and music as creative tools for the development of confident movement. Sequential movement patterns, simple counting skills and spatial awareness are developed as the session continues. Young dancers continue to learn classroom etiquette and healthy group socialization.

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 3	Class No.
~~M~~	~~4:15-5:00P~~	~~$340~~	~~2 payments of $177 each~~	~~Cr Move Mon #8~~ **FULL**
W	3:30-4:15P	$340	2 payments of $177 each	Cr Move W #9
Sa	10:15-11:00A	$340	2 payments of $177 each	Cr Move Sa #11

PRE-BALLET (Ages 5 – 6)

This class prepares the young dancer for the more structured ballet class. Still focusing on creativity and self expression the curriculum incorporates more advanced movement patterns, counting skills and basic ballet positions and terminology. Musicality and posture awareness is encouraged and developed.

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 3	Class No.
~~M~~	~~3:45-4:30P~~	~~$340~~	~~2 payments of $177 each~~	~~Pre-Ball - M #14~~ **FULL**
W	2:30-3:15P	$340	2 payments of $177 each	Pre-Ball - W #15
F	5:00-5:45P	$340	2 payments of $177 each	Pre-Ball -F #16
~~Sa~~	~~9:30-10:15A~~	~~$340~~	~~2 payments of $177 each~~	~~Pre-Ball -Sa #17~~ **FULL**

BEGINNING BALLET I (Ages 6 – 8)

The curriculum for this level is structured around the Royal Academy of Dance Primary syllabus. Skirts for the girls are provided by The Center. Students become acquainted with the basic structure of a classical ballet class. Simple ballet steps, along with age-appropriate terminology and imagery are introduced. As children learn more complicated movement patterns, they increase their muscle awareness, strength, and flexibility. Students learn longer dance sequences that encourage artistry and performance skills, confidence and self-esteem.

Day	**Time**	**Tuition in Full or**	**Payment Plan** ***See note top of Page 3*	**Class No.**
M	5:00-6:00P	$340	2 payments of $177 each	BegBall I-M #20
W	3:15-4:15P	$340	2 payments of $177 each	BegBall I-W #21
Th	4:15-5:15P	$340	2 payments of $177 each	BegBall I- Th #22
~~Sa~~	~~9:00-10:00A~~	~~$340~~	~~2 payments of $177 each~~	~~BegBall I- Sa #23~~ **FULL**

BEGINNING BALLET II (Ages 7 – 9)

The curriculum for this level is structured around the Royal Academy of Dance Grade 1 syllabus. The young dancer is introduced to barre exercises as the study of basic ballet terminology and placement continues. Beginning Ballet I concepts are reinforced and refined as the young dancer continues to learn new steps and exercises, further developing the student's sense of oneself as a dancer. Students will also study simple character dance steps and will require character shoes. Skirts for the girls will be provided by the Center. Students who successfully complete this level are invited to join the Junior Division.

Day	**Time**	**Tuition in Full or**	**Payment Plan** ***See note top of Page 3*	**Class No.**
M	4:30-5:30P	$340	2 payments of $177 each	BegBall II-M #24
Sa	10:00-11:00A	$340	2 payments of $177 each	BegBall II-Sa #26

PRE-PROFESSIONAL BALLET PROGRAM

Please see the dress code section on Page 15 for each level's appropriate attire.

Our Junior Division through Conservatory Division offers intensive pre-professional ballet training that prepares young dancers for professional careers should they choose that path. Our philosophy of teaching focuses on building not only technical strength and artistic excellence but also confidence and self-esteem. In addition to the professional experience and diverse backgrounds of our highly qualified faculty, our curriculum incorporates the Royal Academy of Dance (RAD) vocational examinations and graded syllabi. Our exceptional Conservatory Division students also have the opportunity to audition to be members of The Center Dance Company, our resident company, which gives students valuable stage experience in a professional setting. Many of our students have gone on to professional careers with internationally known companies, including American Ballet Theatre, Dance Theatre of Harlem, Ohio Ballet, Houston Ballet, Ballet Met Columbus, Pacific Northwest Ballet, Royal Ballet, Louisville Ballet and Texas Theatre Ballet.

JUNIOR DIVISION

The Junior Division ballet curriculum incorporates principles from today's leading classical ballet training methods. It is an integrated curriculum of required classes spanning several years of training. The curriculum is divided into levels to ensure that students are introduced to new skills in a manner appropriate to their physical, mental, and emotional development. Based fundamentally on the Royal Academy of Dance syllabi, this program provides a strong foundation in classical ballet technique and overall dance education. It is designed to guide the developing dancer toward the pre-professional Senior and Conservatory Divisions. All listed classes for each Junior Division level are required. Our Junior Division is unique in its inclusion of Free Movement and Character work for all students. Selected students from Junior Division V and VI will be entered into the Royal Academy of Dance examinations during the school year. The tuition includes registration; end-of-year student performance fees and applicable multiple-class discounts. RAD exam fees will be extra. New students must take an audition class before enrolling. Please contact School Director, Carolyn Carattini at cct@centerdancecompany.org.

*****Please note**: Tuition shown is for the full academic year, from September 2008 through June 2009. Re-enrollment will not be necessary for the winter-spring semester except for additionally enrolled youth division classes. Tuition may be paid in full or in as many as four installments (with an additional installment fee). First payment is due upon registration, 2nd payment by October 15, 3rd payment by January 15, 2009, and 4th payment by March 15, 2009.*

JUNIOR DIVISION I (Ages 7- 9) Tuition: $1386 or 4 installments of $364

Day	Time	Class No.
~~W~~	~~4:15-5:15P~~	~~JDI - W #100~~ **FULL**
~~Sa~~	~~11:00A-12:15P~~	~~JDI - Sa #101~~ **FULL**

JUNIOR DIVISION IIa (Ages 8- 10) Tuition: $1532 or 4 installments of $402

Day	Time	Class No.
Tu	4:15-5:30P	JD IIa - Tu #102
Th	5:15-6:30P	JD IIa -Th #103

JUNIOR DIVISION IIb (Ages 8- 10) Tuition: $1532 or 4 installments of $402

Day	Time	Class No.
~~M~~	~~5:30-6:45P~~	~~JD IIb - M #104~~ **FULL**
~~Sa~~	~~12:15-1:30P~~	~~JD IIb - Sa #105~~ **FULL**

JUNIOR DIVISION IIIa (Ages 9 - 11) Tuition: $1679 or 4 installments of $441

Day	Time	Class No.
M	4:30-6:00P	JD IIIa - M #106
W	4:30-5:45P	JD IIIa - W #107

JUNIOR DIVISION IIIb (Ages 9 - 11) Tuition: $1679 or 4 installments of $441

Day	Time	Class No.
Tu	5:30-7:00P	JD IIIb - Tu #108
Th	6:30-7:45P	JD IIIb - Th #109

JUNIOR DIVISION IVa (Ages 10-13) Tuition: $2176 or 4 installments of $571

Day	Time	Class No.
~~M~~	~~6:00-7:30P~~	~~JD IVa - M #110~~ **FULL**
~~W~~	~~5:45-7:15P~~	~~JD IVa - W #111~~ **FULL**
~~Th~~	~~6:00-7:30P~~	~~JD IVa - Th #112~~ **FULL**

JUNIOR DIVISION IVb (Ages 10-13) Tuition: $2176 or 4 installments of $571

Day	Time	Class No.
M	6:45-8:15P	JD IVb - M #113
W	6:15-7:45P	JD IVb - W #114
F	5:45-7:15P	JD IVb - F #115

JUNIOR DIVISION V (Ages 10-13) Tuition: $2644 or 4 installments of $694

Day	Time	Class No.
Tu	6:00-7:30P	JD V Technique -T #116
Th	6:00-7:45P	JD V RAD - Th #117
Sa	11:00A-12:30P	JD V Technique - Sa #118
Sa	12:30-1:15P	JD V Pointe Sa #119
Sa	1:15-2:15P	JD V Optional Modern – separate fee ($340) Class No. #53

JUNIOR DIVISION VI (Ages 11-14) Tuition: $3112 or 4 installments of $817

Day	Time	Class No.
M	6:00-8:00P	JD VI RAD- M #120
Tu	6:00-7:30P	JD VI Technique -T #121
Th	5:00-6:00P	JD VI Modern -Th #122
Th	6:00-8:00P	JD VI Technique PointeTh #123

SENIOR AND CONSERVATORY DIVISION

Our Senior Division program follows our Junior Division program and is designed for the serious student aged 13-18 who would like to continue to study classical ballet and related disciplines. Both of the upper level programs are unique in their commitment to developing a strong dancer through a holistic approach to training. The Senior and Conservatory Divisions allow students to follow an individualized program of study that is developed specifically to maximize individual artistic potential (Students should confer with the School Director to establish individual schedule before enrolling). Pilates and nutrition seminar classes are integral to our Senior and Conservatory Division curricula. Teachers work closely with trainers to offer a training program that centers on developing a strong physique designed to enhance technique and help prevent injury. Senior and Conservatory Division students continue to study the Royal Academy of Dance syllabus, and selected students prepare for the Royal Academy of Dance's Vocational Graded Examinations. These examinations offer internationally recognized certification for pre-professional students interested in a career in dance, and provide verification of standards achieved, in support of college and job applications. For students interested in further study, our Conservatory Division incorporates optional classes that may require students to obtain early release from their academic school. These additional classes include private lessons, individual repertoire coaching sessions and modern. Students register for a specific level as determined by the School Director; new students must take an audition class before enrolling. Conservatory Division students are eligible to audition for The Center Dance Company (CDC). These students, if cast, are required to reserve Friday evenings and Saturday afternoons for company rehearsals. Conservatory Division students may take additional adult classes at no cost.

***Please note**: Tuition shown is for the full academic year, from September 2008 through June 2009. Re-enrollment will not be necessary for the winter-spring semester. Tuition may be paid in full or in as many as four installments (with an additional installment fee). First payment is due upon registration, 2nd payment by October 15, 3rd payment by January 15, 2009, and 4th payment by March 15, 2009.*

SENIOR DIVISION I

Approximate Tuition (depending on individual program): $4069 or 4 installments of $1068

Day	Time	Class No.
M	4:45-5:45P	SD I Pilates/Cardio -M #124 **TIME CHANGE**
M	5:45-7:30P	SD I RAD- M #125
W	3:00-4:00P	SD/CD Stretch & Conditioning W #126
W	4:15-6:00P	SD I Technique & Pointe - W #127
W	6:00-7:00P	SD Modern/Jazz W #128
F	6:00-7:30P	SD I Technique - F #129
Sa	11:30A-1:45P	SD I Technique & Pointe Sa #130

SENIOR DIVISION II

Approximate Tuition (depending on individual program): $5171 or 4 installments of $1357

Day	Time	Class No.
M	6:00-7:00P	SD II Pilates M #131
M	4:00-5:45P	SD II RAD M #132
Tu	3:30-5:00P	SD II Technique T #133
Tu	5:00-6:00P	SD II Pointe T # #134
W	3:00-4:00P	SD/CD Stretch & Conditioning W #126
W	4:15-6:00P	SD I Technique & Pointe - W #127
W	6:00-7:00P	SD Modern/Jazz W #128
Th	4:00-6:00P	SDII Technique & Pointe - Th #135
F	4:30-6:00P	SD II Technique F #136 *Partnering once per month.
F	3:30-4:30P	SD Private F #137

CONSERVATORY DIVISION

Approximate Tuition (depending on individual program): $5531 or 4 installments of $1452

Day	Time	Class No.
Tu	2:30-3:30P	CD Sem/Var T #138
Tu	2:30-3:30P	CD Men's Technique T #139
Tu	3:30-5:00P	CD Technique T #140
Tu	5:00-6:00P	CD Pnt/Var T #141
W	2:30-4:00P	CD RAD Advanced 2 W #142 *Those take RAD Exam only
W	3:00-4:00P	SD/CD Stretch & Conditioning W #126
W	4:00-5:45P	CD RAD Ad1 W #143
W	5:45-6:30P	CD Pointe W #144
Th	3:15-4:15P	CD Coachng Th #145
Th	2:30-4:00P	CD Boys RAD Th #146 *Those take RAD Exam only
Th	3:00-4:15P	CD Modern Th #147
Th	4:15-6:00P	CD Technique & Pointe Th #148
F	2:30-3:30P	CD Coaching F #149
F	2:30-3:30P	CD Coaching F #150
F	2:30-3:30P	CD Stretch F #151
F	3:30-5:00P	CD Technique & Pointe F #152
F	5:00-6:00P	CD Partner F#153 *Variations once per month
Sa	1:15-2:45P	CD Technique Sa #154

YOUTH RECREATIONAL DIVISION

Please see the dress code section on Page 15 for each level's appropriate attire.

***** Tuition Note: If you are taking 2 or more classes per week, tuition may be paid in two payments ($14 fee added).The first payment is due with registration and the second is due October 15, 2008.***

YOUTH BALLET

BALLET I - II (Ages 10-12)

This class is designed for older children who are new, or relatively new, to ballet. Students will be taught basic ballet positions, terminology and vocabulary. The class will begin with basic barre work and progress to center floor exercises. Stretching and strengthening sequences will also be taught for home practice.

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 8	Class No.
Sa	2:00-3:15P	$340	2 payments of $177 each	Yth Ball I-II-Sa #30

BALLET III - IV For ages 10-14

An advanced introductory ballet class for dancers who have completed at least a year of ballet training. The class will include a full study of barre work, center practice and allegro combinations. Stretching and strengthening sequences will also be taught for home practice to aid improvement.

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 8	Class No.
F	6:00-7:15P	$340	2 payments of $177 each	YthBall III-IV F #31

YOUTH TAP

TAP I (Ages 6-8)

An introductory course, no prior experience is required.

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 8	Class No.
F	4:15-5:00P	$340	2 payments of $177 each	Yth Tap I F -#32

TAP III (Ages 9-12)

At least 2 - 3 years of tap experience is required.

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 8	Class No.
F	5:00-6:00P	$340	2 payments of $177 each	YtTap III F #34

TAP IV (Ages 11-14)

At least 3-4 years of tap experience is required.

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 8	Class No.
Tu	5:15-6:15P	$340	2 payments of $177 each	Yth Tap IV Tu #35

YOUTH JAZZ

JAZZ IV (Ages 11-14)

Classic jazz style and technique for students with at least 3 years of dance experience).

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 8	Class No.
Su	3:30-4:30P	$340	2 payments of $177 each	Yth Jazz IV Su #43

JAZZ /HIP HOP (Ages 12-15)

Hip Hop technique for beginners – this is an introductory course and no experience is required. This class introduces students to basic hip hop movement and rhythm. A full warm-up is followed by simple combinations..

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 8	Class No.
Tu	7:00-8:00P	$340	2 payments of $177 each	Yth HipHopI Tu #44

YOUTH MODERN

Contemporary modern dance developed as a response to the restrictions of the classical ballet vocabulary. Our program teaches modern technique based on the styles of Graham, Cunningham, Taylor and Horton. Exploring movement and developing self-expression are an integral part of this curriculum. Students dance bare foot and learn fundamentals of technique designed to increase strength and flexibility and to develop rhythmic sensitivity.

MODERN II / III (Ages 9-11)

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 8	Class No.
Sa	2:30-3:30P ***TIME CHANGE***	$340	2 payments of $177 each	YthMod II/III Sa #51

MODERN ADVANCED (Ages 11-14)

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 8	Class No.
Sa	1:15-2:15P	$340	2 payments of $177 each	YthMod Adv Sat #53

BOYS CLASS

JUMP, TURN AND STRETCH! (Ages 7-9)

This class is designed specifically for young boys and will help them with flexibility, strength and coordination through a variety of dance and fitness styles.

Day	Time	Tuition in Full or	Payment Plan **See note top of Page 8	Class No.
Th	4:00-5:00P	$340	2 payments of $177 each	Boys Class Th -#54

ADULT DIVISION

Please see the dress code section on Page 15 for each level's appropriate attire.

***** Tuition Note: If you are taking 2 or more classes per week, tuition may be paid in two payments ($14 fee added).The first payment is due with registration and the second is due October 15, 2008.***

Teens 15 and older are permitted to take adult classes. Throughout our adult division (from basic beginner through professional), dancers are challenged to improve! Classes are designed to promote good technique, artistry, and musicality along with physical strength, flexibility, and alignment. To that end, individual and group correction and instruction are given; and questions are encouraged! Classes develop communities of dedicated adults who love to dance, move, develop artistry, and stay in shape! Note that we have a relaxed dress code for our adult students.

ADULT BALLET

BALLET BASIC BEGINNING I

These classes are designed for the complete beginner! Instruction on alignment and posture will be emphasized as well as body, feet, and arm positions. Ballet positions, terminology and vocabulary will be taught as the class progresses. Students will begin with simple barre exercises for warm-up and basic center floor combinations. Small jumps and traveling steps will be introduced as the semester progresses. Stretch and strengthening exercises will also be taught for students to practice at home.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
M	7:30-8:45P	Kate McDonald	$340	2 payments of $177 each	AdBeg Ball I M #200
W	7:45-9:00P	Koren Ackerman	$340	2 payments of $177 each	AdBegBall I W #201
Th	12:00-1:00P	Silvia Burstein	$340	2 payments of $177 each	AdBeg Ball I Th #202
F	7:15-8:30P	Silvia Burstein	$340	2 payments of $177 each	AdBegBall I F #203
Sa	9:00-10:15A	Jackie Doherty	$340	2 payments of $177 each	AdBeg Ball I Sa #204

BALLET II

This class is intended for the beginning ballet student who knows the basics and is ready to progress to a faster-paced class.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
M	11:45A-1:00P	Carmen Perez-Rowe	$340	2 payments of $177 each	Adt Ball II M #210
Tu	12:15-1:30P	Paul Wegner	$340	2 payments of $177 each	Adt Ball IITu #211
W	6:30-7:45P	Maria Watson	$340	2 payments of $177 each	Adt Ball II W #212
Th	10:30-11:45A	Carmen Perez-Rowe	$340	2 payments of $177 each	Adult Ball IITh #213
Th	8:00-9:15P	Liesl Swogger	$340	2 payments of $177 each	Adt Ball II Th #214
F	12:00-1:15P	Paul Wegner	$340	2 payments of $177 each	Adt Ball II F #215
Su	11:30A-12:45P	Constance Walsh	$340	2 payments of $177 each	Adt Ball II Su #216

BALLET III

This class is for students with a good knowledge of the basics and ability to do a full ballet class. A complete barre will be given followed by a center floor structure with an adage, turn preparations and simple pirouettes, petit allegro, and medium jump combinations across the floor. This is a good level for non-beginner students who are unsure of their current level and for students returning after some time away from the ballet studio.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
M	8:15-9:30P	Constance Walsh	$340	2 payments of $177 each	Adt Ball III M #220
W	11:45A-1:00P	Harriet Williams	$340	2 payments of $177 each	Adt Ball III W #221
W	7:00-8:30P	Caroline Warren	$340	2 payments of $177 each	Adt Ball III W #222
F	7:30-9:00P	Constance Walsh	$340	2 payments of $177 each	Adt Ball III F #223
Sa	10:15-11:30A	Jackie Doherty	$340	2 payments of $177 each	Adt Ball III Sa #224

BALLET INTERMEDIATE

This level offers students a full ballet class: a complete barre, center adage, pirouettes en dehors and en dedans in the center or across the floor, and petit through grand allegro. This is a fast paced, high level class for intermediate and advanced dancers.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
M	10:00-11:30A	Carmen Perez-Rowe	$340	2 payments of $177 each	Adt Ball Int M #230
M	8:00-9:30P	Silvia Burstein	$340	2 payments of $177 each	Adt Ball Int M #231
Tu	10:30A-12:00P	Paul Wegner	$340	2 payments of $177 each	Adt Ball Int Tu #232
Tu	7:30-9:00P	Constance Walsh	$340	2 payments of $177 each	Adt Ball Int Tu #233
W	10:00-11:30A	Harriet Williams	$340	2 payments of $177 each	Adt Ball Int W #234
Th	10:00-11:30A	Shu-Chen Cuff	$340	2 payments of $177 each	Adt Ball Int Th#235
Th	7:45-9:15P	Elizabeth Spatz	$340	2 payments of $177 each	Adt BalletInt Th#236
F	10:00-11:30A	Carmen Perez-Rowe	$340	2 payments of $177 each	Adt Ballet Int F#237
Sa	9:30-11:00A	Carmen Perez-Rowe	$340	2 payments of $177 each	Adt Ball Int Sa #238
Su	10:00-11:30A	Constance Walsh	$340	2 payments of $177 each	Adt Ball Int Su #239

BALLET POINTE - INTERMEDIATE

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
W	8:30-9:30P	Caroline Warren	$340	2 payments of $177 each	Int Pointe W #240

BALLET II – BARRE WORKOUT

A great lunch time workout! It starts with a Ballet II barre with minimal stopping between exercises followed by conditioning and mat work. It finishes with stretch and cool down. The quick pace of the barre provides more of a cardio workout.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
Th	12:00-1:15P	Carmen Perez-Rowe	$340	2 payments of $177 each	Barre W/o Th#241

ADULT TAP

Classes are classic style. Technique and form along with good posture are emphasized. Routines are developed throughout the semester. Tap students are invited to participate in the annual Shuffle Exchange held on the first Sunday in February.

TAP BASIC BEGINNING I

For the complete beginner.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
Th	7:30-8:30P	Patti Golden	$340	2 payments of $177 each	AdtTap Beg I T #250
Th	9:30-10:30A	Candy Braden	$340	2 payments of $177 each	AdtTapBeg I Th #251

TAP II

Tap II is for students who have learned the basics but still need to perfect skills and work on faster combinations. This is a good level to start if you took tap as a child and are returning to class as an adult as well as for teens 15 and older who would like to acquire tap skills for school plays and community Theater.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
Tu	8:30-9:30P	Candy Braden	$340	2 payments of $177 each	Adt Tap II Tu #257
Th	10:30-11:45A	Candy Braden	$340	2 payments of $177 each	AdtTap II Tu #252
Th	8:30-9:30P	Patti Golden	$340	2 payments of $177 each	Adt Tap II Th #253

TAP INTERMEDIATE

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
Tu	7:30-8:30P	Candy Braden	$340	2 payments of $177 each	AdtTap Int T #254

TAP ADVANCED

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
Tu	6:15-7:30P	Candy Braden	$340	2 payments of $177 each	AdtTap Adv Tu #255
Th	11:45A-1:00P	Candy Braden	$340	2 payments of $177 each	AdtTap Adv Th #256

ADULT JAZZ

JAZZ BASIC BEGINNING I

Introduces students to basic jazz technique. A full warm-up is given incorporating ab work and stretching followed by simple combinations.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
Tu	7:30-8:30P	Silvia Burstein	$340	2 payments of $177 each	AdtBegJazz I Tu#260

JAZZ I – II (LATIN STYLE)

One year of beginning dance experience required.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
Su	4:30-5:30P	Silvia Burstein	$340	2 payments of $177 each	Adt Jazz I/II Su#261

JAZZ III (LATIN STYLE)

Two years of beginning dance experience required.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
Tu	8:30-9:30P	Silvia Burstein	$340	2 payments of $177 each	Adt Jazz Tu III#263

JAZZ INTERMEDIATE (16 AND UP)

For dancers with previous experience in jazz, ballet, or modern dance. Combination work emphasizes turns, jumps, and leaps. Syncopated rhythms enhance combinations, encouraging quick reflexes, memory, and coordination.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
W	8:30-9:45P	Tiffany Haughn	$340	2 payments of $177 each	Adt Jazz Int W #264

JAZZ / THEATER DANCE - INTERMEDIATE (16 AND UP)

This class features a technique warm-up combining ballet and classic jazz followed by traveling combinations with choreography. This class is designed for advanced beginning students and above who wish to improve their theatrical skills and get a terrific workout.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
W	7:45-9:15P	Maria Watson	$340	2 payments of $177 each	Jazz Thtr Int W #265

JAZZ / HIP HOP BASIC BEGINNING I

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
M	7:30-8:30P	Angelica Brooks	$340	2 payments of $177 each	Adt HipHop I M#266

JAZZ / HIP HOP I

One year of beginning dance experience required.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
M	8:30-9:30P	Angelica Brooks	$340	2 payments of $177 each	Adt HipHop I+M #267

JAZZ / HIP HOP II

Two years of beginning dance experience required.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
Tu	8:00-9:15P	Angelica Brooks	$340	2 payments of $177 each	Adt HipHop II T #268

ADULT MODERN

MODERN - INTERMEDIATE

This class is for adult dancers with previous Ballet or Modern experience. Study of various modern techniques including the styles of Cunningham, Graham, and Taylor will be presented. Students will be challenged to improve their level of dance by enhancing strength, flexibility, posture, and rhythmic sensitivity.

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
W	7:15-8:30P	Tiffany Haughn	$340	2 payments of $177 each	Mod Int W#242

ADULT CONDITIONING

PILATES MAT I

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
Su	4:00-5:00P	Pat Foreman	$340	2 payments of $177 each	Pilates I Su #274

PILATES MAT I - II

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
W	5:00-6:00P	Tiffany Haughn	$340	2 payments of $177 each	Pilates I/II W #272

PILATES MAT II with Props

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
Tu	12:00-1:00P	Pat Foreman	$340	2 payments of $177 each	PilatesIIMagCirT#271
Su	5:00-6:00P	Pat Foreman	$340	2 payments of $177 each	PilatesIIPropsSu#275

STRETCH

Day	Time	Instructor	Tuition in Full or	Payment Plan **See note top of Page 11	Class No.
Sa	8:00-9:30A	Karen Lewis	$340	2 payments of $177 each	Adt Stretch Sa #283
Su	1:00-2:15P	Constance Walsh	$340	2 pay'ts of $177 each (Yoga Based)	AdtStretchYo Su #284

DRESS CODE

Stageline is the same brand as Motionwear.

Children's Division

Creative Movement & Storytime, Creative Movement, Pre-Ballet: Girls: Theatrical Pink Danskin short sleeve leotard #2905, pink footless tights, bare feet. Boys: black shorts, white t-shirt, bare feet.

Beginning Ballet I: Girls: Pink #140 STAGELINE TANK STYLE leotard, pink tights, pink full sole leather ballet shoes. Hair must be worn in a classical bun. Boys: black shorts, white t-shirt, white full sole leather ballet shoes.

Beginning Ballet II: Girls: Periwinkle 524 STAGELINE TANK STYLE leotard, pink tights, pink full sole leather ballet shoes and black canvas character shoes (Capezio 457C). Hair must be worn in a classical bun. Boys: black shorts, white t-shirt, white leather full sole ballet shoes.

Junior Division I: Girls: Lavender STAGELINE TANK STYLE leotard, pink tights, pink leather full sole ballet shoes and black canvas character shoes (Capezio 457C or 456). Hair must be worn in a classical bun. Boys: black tights, Black dance shirt, white socks, white full sole leather ballet shoes.

Junior Division II: Girls: Light Blue STAGELINE TANK STYLE leotard, pink tights, pink leather full sole ballet shoes and black canvas character shoes (Capezio 457C or 456). Hair must be worn in a classical bun. Boys: black tights, Black dance shirt, white socks, white full sole leather ballet shoes.

Junior Division III: Girls: Royal Blue STAGELINE TANK STYLE leotard, pink tights, pink leather full sole ballet shoes and black canvas character shoes (Capezio 457C or 456). Hair must be worn in a classical bun. Boys: black tights, Black dance shirt, white socks, white full sole leather ballet shoes.

Junior Division IV: Girls: Turquoise STAGELINE TANK STYLE leotard, pink tights, pink leather full sole ballet shoes and black canvas character shoes (Capezio 457C or 456). Hair must be worn in a classical bun. Boys: black tights, Black dance shirt, white socks, white full sole leather ballet shoes.

Junior Division V: Girls: Burgundy STAGELINE TANK STYLE leotard, pink tights, pink leather full sole ballet shoes. Hair must be worn in a classical bun. Boys: black tights, Black dance shirt, white socks, white full sole leather ballet shoes.

Junior Division VI: Girls: Navy STAGELINE TANK STYLE leotard, pink tights, pink leather full sole ballet shoes. Hair must be worn in a classical bun. Boys: black tights, Black dance shirt, white socks, white full sole leather ballet shoes.

Senior & Conservatory Divisions: Girls: Black, single strap camisole leotard - Mirella style 1207L, pink tights, pink leather full-sole ballet shoes, demi-pointes (made from old pointe shoes), and pointe shoes. Girl's hair must be worn in a classical bun. Boys: black tights, black t-shirt, white socks, white full-sole leather ballet shoes.

Youth Ballet: Girls: Black Bloch 5435 or L5415 leotard, pink tights, pink full sole leather ballet shoes. Hair must be worn in a classical bun. Boys: black shorts, white t-shirt, white leather full sole ballet shoes.

Youth Tap: Black jazz pants and Oxford tap shoes with teletone taps. Girls: black Bloch CL5435 or L5415 leotard. Boys: plain white t-shirt

Youth Jazz & Hip Hop: Black tights or jazz pants, jazz shoes, or dance sneakers for hip-hop. Girls: black Bloch CL5435 or L5415 leotard. Boys: plain white t-shirt.

Youth Modern: Girls: black Bloch CL5435 or L5415 leotard, black footless tights, bare feet. Boys: black shorts, plain white t-shirt.

Adult Division

Ballet: Relaxed dress code, any color solid leotard (women) and tights or dance pants, t-shirts, skirts, warm-up attire are acceptable. Ballet shoes required.

Tap: Black jazz pants and t-shirt. Oxford tap shoes with teletone taps preferred.

Jazz and Hip-Hop: Black jazz pants and a t-shirt or tank top, non-scuff jazz shoes or dance sneakers for hip-hop.

Modern: Black jazz pants or tights and a t-shirt or tank top, bare feet.

Conditioning: Comfortable clothes, leggings, t-shirt. We have a very limited supply of mats for stretch. You may want to bring your own mat.

POLICIES – FALL 2008

Enrollment, Payments and Tuition

Enrollment for classes is on a first-come, first-served basis. Class sizes are limited; register early to ensure desired class time. New students are accepted throughout the semester on a prorated basis. Students age 15 and above may take adult classes (except for Adult Jazz). We accept **only cash or checks** via mail or at the studio.

Tuition for the Young Children, Youth Recreational and Adult Divisions is based on a 20-week semester. If you are enrolling in more than 3 classes per week as an individual or family, we offer a family/multiple class discount for these Divisions if **enrollments are received by September 7 and are for the entire semester. Enrollment forms for all returning students should be postmarked by August 24 to avoid a rush processing fee of $25.**

If you are registering for one class per week, tuition is due in full upon registration. If you are registering for 2 or more classes per week (except Junior, Senior and Conservatory Divisions), tuition may be paid in 2 installments with the 1st due upon registration and the 2nd due on October 15, 2008. For Junior, Senior and Conservatory Divisions, please see that section of the brochure for your special payment options. Students are responsible for any additional tuition resulting from switching to a higher-tuition class and no refunds are provided from switching to a lower-tuition class. In case of financial need, please inquire about alternative payment options, financial aid or work study possibilities with Laura Tutino at frontdesk@centerdancecompany.org.

Youth students must enroll in classes. Adults may select from a variety of options which fit best their needs. Enrollment in classes secures your space in class and does not require you to check in at the front desk. Students with class cards and those who are taking a walk-in or trial class, please check in at the front desk prior to class.

Single class: $20/class
5-class card: $90 ($18/class) expires 6/30/09
10-class card: $180 ($18/class) expires 6/30/09
NEW! Unlimited Use card: $720 ($15/class) Valid within a trimester July-Oct; Nov-Feb; Mar-June.
Enrolled classes: $17/class
Professional/CDC Alumni: $12/class (Send request to Ms. Woods at nwoods@centerdancecompany.org)
Private lessons: $90/hour; $45/ ½ hour

Tuition is not refundable unless the Center cancels a class or workshop. The Center Dance Company is a 501(c)(3) non-profit organization and cannot provide refunds. Only documented circumstances will be considered for the application of credit towards the next semester. If unused by the end of the next semester, all credits will expire. Medical conditions or other changes in circumstance must be reported immediately in writing to the studio to frontdesk@centerdancecompany.org for consideration.

Attendance/Punctuality

If a youth dancer is going to be absent, his/her parents should call the studio. Youth dancers except Creative Movement and Storytime can take a make up class in an equivalent or lower level class. Make ups are not available between family members. Adults may choose what seems appropriate. Make ups must be done within the same semester. Please call us if you have questions about what would be appropriate. Adult students who are more than 10 minutes late will be invited to return for a make up on another day. Youth dancers will be asked to observe.

Class Observation

At the end of fall and spring semesters, there is a special opportunity for parents to observe their children in class. We can make special arrangements for visiting relatives to observe a class during the semester. (Class observations are not conducted at the end of the Winter/Spring semester for Junior and Senior division dancers who participate instead in the year-end performance).

Acknowledgement, Authorization & Release

The Center Dance Company, Inc. expects every adult student and parent or guardian of a minor student (the "responsible party") to read and agree to the policies prior to enrolling (see enrollment form). Your signed enrollment form is verification and confirmation that you agree to The Center Dance Company, Inc. policies; that you understand that the nature of dance instruction sometimes requires physical correction of the alignment of the student's body; that the responsible party realizes there is always a risk of accident or injury inherent in any physical activity, including a dance program, and, in the event of injury, authorizes The Center Dance Company, Inc. to obtain emergency treatment on such adult student's or minor student's behalf; and that you further release The Center Dance Company, Inc., its officers, directors and employees from all liabilities for injuries or property loss or damage arising out of participation in The Center Dance Company, Inc.'s programs.

FACULTY 2008 – 2009

Nancie Woods, Artistic Director • Caroline Warren, Executive Director • Carolyn Carattini, School Director
Karinn Cologne, Operations Manager • Laura Tutino, Front Desk Manager

Please see ***www.centerdancecompany.org*** *for full bios on our outstanding faculty.*

Koren Ackerman
Dianne Braden
Angelica Brooks
Silvia Burstein
Carole Ann Clark
Shu-Chen Cuff
Desiree DiMauro
Jackie Doherty
Pat Foreman
Patti Golden
Tiffany Haughn
Karen Lewis
Kate McDonald
Alexa McKenrick
Andrea McPherson
Lynne Mulligan
Chih-Lan Olson
Carmen Perez-Rowe
Lesley Shearer
Joy Stephanson
Liesl Swogger
Constance Walsh
Caroline Frankil Warren
Maria Watson
Paul Wegner
Hilary White
Harriet Williams

ADDITIONAL PROGRAMS

Private lessons

Need help with a step on an area of technique? Have an audition coming up? Need some advice on stretch and strengthening? Many of The Center Dance Company faculty members are available for private lessons. Lessons can be scheduled on an as requested basis. Please contact nwoods@centerdancecompany.org for more information.

Studio rental

Studios are available for rent when they are not being used for The Center Dance Company classes, rehearsals and functions. Please contact nwoods@centerdancecompany.org for scheduling, fees and policies.

The Center Dance Company hosts "Encore Creativity for Older Adults"

Dance and movement class for adults aged 55 and above. **Instructor**: Tiffany Haughn
Wednesdays 2:00pm – 3:00pm. September 10 - December 17 (14 weeks)
For more information, go to www.encorecreativity.org or call 301.261.5747

CHECK OUR WEBSITE (WWW.CENTERDANCECOMPANY.ORG) REGULARLY FOR NEW CLASS AND WORKSHOP OFFERINGS!

The Center Dance Company, Inc. reserves the right to adapt the schedule as deemed necessary. Please refer to our website at www.centerdancecompany.org for the most current schedule, and listing of full, modified or cancelled classes. Information regarding closings, inclement weather, or other matters can be found on our website and answering machine.

FALL 2008 ENROLLMENT FORM

STUDENT INFORMATION *(Please print clearly and use additional forms as necessary. New households, please check box.)*:

☐

First Name MI Last Name | F/M Gender | ___/ ___/___ Date of Birth | Academic School

☐

First Name MI Last Name | F/M Gender | ___/ ___/___ Date of Birth | Academic School

Home Address: Street City State Zip

Home Phone Primary E-mail

Your contact information will be used only by The Center Dance Company and the Company will not share its mailing list with other organizations.

PARENT/GUARDIAN 1:

First Name Last Name

Occupation Organization

Work Phone Cell Phone

PARENT/GUARDIAN 2:

First Name Last Name

Occupation Organization

Work Phone Cell Phone

CLASS REGISTRATION

Student Name (if multiple family members registering)	Class Description or Junior/Senior/CD Level	Class Number	Tuition

Rush Processing Fee if re-enrolling after August 24, 2008 (does not apply to new students) + $25

TOTAL

AMOUNT PAID NOW (before discount)

**Multiple payments available for 2+ classes/week only. See Policies Page.*

3+ Classes/Family Discount (# of classes per week x $20) if received by September 7. **See Policies page.* -

(Discount already included for Junior through Conservatory Division)

AMOUNT PAID NOW (after discount) ***Cash or check only***

Does your child have special needs of which we should apprise the teacher? ❑ Yes ❑ No

If yes, please describe: _____

How did you find out about our studio? ❑ web ❑ drive-by ❑ a performance ❑free class coupon ❑ other: _____

This signed registration is verification and confirmation of the parent's/adult student's agreement to The Center Dance Company, Inc. Policies as outlined on Page 16 and that they understand there are risks inherent in any physical activity and will not hold The Center Dance Company, Inc. liable in the event of injury or otherwise.

Signature of Adult Student or Parent/Guardian of Minor Student Date

Tuition is not refundable unless the Center cancels a class or a workshop. A charge of $25 will be made for returned checks.
Mail completed and signed registration form & a check(s) **payable to The Center Dance Company, Inc**., to:
The Center Dance Company, Inc., P.O. Box 5587, Arlington, VA 22205

THE CENTER DANCE COMPANY, INC.

Arlington Center for Dance
Mailing Address:
P.O. Box 5587
Arlington, VA 22205
703.778.3008 www.centerdancecompany.org

Place
Stamp
Here